

Year 1

Curriculum Overview

Autumn 1



Welcome to our Curriculum Overview for this half term. We are excited to share the learning that will be taking place across the curriculum over the coming weeks. This overview is designed to help you understand what your child will be learning in school and provide some simple ideas for supporting their learning at home.

The home learning suggestions are entirely optional and are intended to encourage discussion, curiosity and a love of learning beyond the classroom. As always, regular reading, practising key skills and talking about learning together can make a significant difference to children's confidence and progress. We look forward to another successful half term of learning and achievement.

Mr Gee

Class Information	Important Days	Dates for Your Diary
Remember your reading book every day.	Wednesday: Library book change	Friday 9 th October – FoDG Disco
School meals should be booked by 9pm on a Wednesday.	Thursday: Reading book change and Spelling Quiz	
Please ensure pupils come to school in correct named uniform, including for PE.	Friday: New spellings given out	
	PE - Wednesday and Friday	

Subject	Content Covered	Ideas to Support at Home
English	Sentence Toolkit We will look at: - Orally rehearsing → writing → rereading sentence. - Using sentences with naming/doing words (nouns/verbs). - Join ideas with 'and' orally then in writing when secure. - Use capital letters for sentence beginnings, names and 'I'; finger spaces; full stops. <i>Oracy: Speak in complete sentences; take turns; listen and respond appropriately.</i> Recount We will look at: - Sequencing 4 – 6 sentences using time words. - Using capital letters and full	Spot Nouns and Verbs: When reading bedtime stories together, play a game where your child finds "naming words" (people, places, or things like dog, park) and "doing words" (action words like run, jump). Retell a Day Out (Recount): After a family trip or a fun day at home, ask your child to tell you about it in order using time words like First, Next, Then, and Finally. Then, have them write 4 to 6 sentences about the experience. Story Retell (Narrative): After reading a favourite picture book, ask your child to retell the key events with a clear beginning, middle, and end. Challenge them to keep each sentence focused on one event and add an extra detail about who was there or where it happened. Practise Oral Rehearsal: Before your child writes a sentence, have them say it out loud first. Encourage them to count the words on their fingers to help them

Subject	Content Covered	Ideas to Support at Home
	stops consistently. • Recounting a shared class experience. • <i>Oracy: Recount events orally in order so a listener can retell them.</i> Narrative We will look at: • Retelling key events in order. • Keeping one event per sentence. • Adding one detail sentence (who/where). • Using capitals/full stops across the piece. • Genre context: story retell • <i>Oracy: Retell key events orally keeping a clear beginning–middle–end.</i>	remember what to write. Build Sentences with "And": Encourage your child to link two short ideas together verbally first (e.g., "I went to the park and I played on the swing"), and help them write it down once they feel confident. Punctuation Check: When doing any writing at home, remind your child to check for the three big basics: a capital letter at the start, clear finger spaces between words, and a full stop at the end.
Maths	Place Value (within 10) Addition and subtraction (within 10)	Practise counting objects: Help your child count everyday items around the house (like toys, cutlery, or buttons) up to 10. Ask them to show you how many there are and talk about which group has more or fewer. Explore part-whole relationships: Use small objects (like counters or pasta pieces) to show how numbers can be split into parts. For example, show that 5 can be made of 3 and 2. Play addition and subtraction games: Use everyday scenarios to create simple word problems within 10. For instance, "<i>We have 4 apples on the table, and we eat 2. How many are left?</i>" or "<i>If you have 3 blocks and I give you 2 more, how many do you have altogether?</i>"
Science	Our Science focus will be Seasonal Changes. We will look at: • Observing changes across the 4 seasons. • Observe and describe weather associated with the 4 seasons and how day length varies.	Go on Seasonal Walks: Take regular walks in your local park or garden. Encourage your child to look for changes in nature, such as blossoming flowers in spring, green leaves in summer, crunchy fallen leaves in autumn, or bare trees in winter. Create a Weather Chart: Set up a simple daily weather tracker together. Each morning, look out the window and have your child record the weather (sunny, rainy, windy, or cloudy) and discuss what type of clothing is best to wear. Track Daylight Hours: Talk about how day length varies throughout the year. Point out how late the sun stays up during summer evenings compared to how early it gets dark in the winter months.

Subject	Content Covered	Ideas to Support at Home
PE	This half-term we will be focusing on agility and balance within PE. We will look at: • Body awareness. • Points of contact. • Flexibility of movement. • Dynamic balances. • Dodging and evading.	Seasonal Photography or Drawing: Pick a favourite tree or outdoor spot near your home and take a photo or draw a picture of it every few months. Compare the pictures together to see first-hand how the environment transforms across the four seasons. Statue & Flamingo Balances: Practice static and dynamic balances at home! Try balancing on one leg, on tiptoes, or using different "points of contact" (e.g., balancing on 1 hand and 2 feet, or 1 knee and 1 foot). See who can hold a steady pose for 10 seconds. The Floor is Lava: Create a safe indoor or outdoor mini obstacle course using cushions or chalk circles. Challenge your child to move gracefully from one point to another to build body awareness, landing softly and staying balanced. Tag & Dodging Games: Play classic games like Tag in the garden or park. Encourage quick changes of direction, bending knees low, and swift dodging to build agility and flexibility. Animal Walks for Flexibility: Have fun moving around the room like different animals to explore dynamic movement—try crab walking, bear crawling, frog jumps, or tall giraffe reaches. Mirror Challenge: Stand face-to-face with your child and ask them to copy your slow, balanced movements and stretches to improve body control and coordination.
RE	Our RE question will be Why are festivals important? We will look at: • Purpose & Symbols: Celebrations mark special occasions using shared elements like candles, gifts, and special food. • Christian, Jewish & Muslim Observances: Harvest Festival focuses on gratitude and giving; Sukkot involves building shelters to remember Moses; Eid marks the end of Ramadan's month of fasting. • Diwali Traditions: Hindus celebrate Diwali with diya lamps and fireworks, remembering the stories of Rama and Sita.	Share Family Traditions: Talk together about special family celebrations, birthdays, or festivals you enjoy. Discuss the symbols you use (e.g., candles, special meals, or card/gift giving) and why gathering together matters to your family. Explore Light & Symbols: Create simple crafts like paper lanterns, Diwali diyas (clay oil lamps), or light a candle safely at dinner to explore how light is used across different faiths (such as Diwali, Eid, and Hanukkah). Storytelling Time: Read or watch child-friendly retellings of festival stories together, such as the Hindu story of Rama and Sita or stories about Eid celebrations, focusing on the shared themes of light, joy, and togetherness.
Geography	The Four Seasons We will look at: • Learning the 4 seasons and how weather changes throughout the year.	Daily Weather Watch: Keep a simple weather diary on the fridge for a week! Look out the window each morning and ask your child to describe what they see and feel (e.g., "sunny, breezy, freezing, or rainy").

Subject	Content Covered	Ideas to Support at Home
	- Describe weather using photos and observations. - Explore how people adapt to each season through clothes, activities, heating and staying safe. - Comparing seasons.	Look for Seasonal Clues: When walking to school or visiting a park, go on a seasonal scavenger hunt. Look for clues of the current season—such as spring blossoms, summer green leaves, autumn conkers/falling leaves, or winter frost. Photo Memory Flashback: Look through family photos from different times of the year. Ask your child to identify which season each photo was taken in based on the clothing, trees, and weather in the background.
Art	Sculptures: Clay Animals We will look at: - Exploring Ideas: Collect visuals, test different materials, and develop original artistic ideas. - Mastering Skills: Roll, mould, and carve clay to create textured shapes, and draw lines, dots, and patterns. - Artist Inspiration: Study works like Paul Smith's animal sculptures to inspire original art.	Playdough & Clay Practice: Use playdough, plasticine, or air-dry clay to practise basic sculpting skills at home. Encourage your child to roll balls (spheres), pinch shapes, and roll "snakes" or "sausages" to build animal bodies, legs, and ears. Add Texture with Household Tools: Experiment with everyday items like forks, combs, toothpicks, or dried pasta to press textures into dough or clay. Try carving fur lines, stamping scale patterns, or pressing dots for eyes.
Music	Keeping the Pulse: My Favourite Things We will look at: - Clap the rhythm of names in time to the pulse. - Sway or tap in time to the pulse. - Sing a rhythm in time with the pulse. - Copy rhythms based on word patterns using an instrument. - Keep the pulse while playing a rhythm on an instrument. - Follow instructions during a performance.	Feel the Steady Beat: Listen to your family's favourite songs together and practice swaying, tapping your feet, or marching to the steady pulse of the music. Name Clapping Games: Clap out the syllables of family members' names, pets, or favourite foods to a steady beat (e.g., "Rain-drops on ro-ses" or "Pot-a-toe"). Home Instrument Jam: Make simple shaker or percussion instruments using plastic containers filled with rice or dried pasta. Practice playing along with a song's pulse or copying rhythm patterns.